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**NATURE'S EDGE  
THERAPY CENTER, INC.  
2523 14-3/4 Avenue  
Rice Lake, WI 54868  
www.naturesedgetherapycenter.org**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_

Zip \_\_\_\_\_ E-mail \_\_\_\_\_

Phone (Home) \_\_\_\_\_

(Work) \_\_\_\_\_

Profession \_\_\_\_\_

Signature \_\_\_\_\_

**COURSE FEES:**

- Equine Skills \$325\*
- Treatment Principles \$350\*
- Both Courses \$625\*

*(includes lunch and continental breakfast for 4 days)*  
\_\_\_ Vegetarian meals, please

- \* \*If paid before March 15, 2010.
- After April 15, 2010 \$25 per class will be added.
- Refunds less a \$150 cancellation fee prior to April 1, 2010.
- Full refunds prior to March 15, 2010.
- No refund after April 1, 2010.

*Please note that weight limits do apply for mounted exercises. Class size is limited to 30 participants per class.*

**AHA FACULTY**

**PIPPA HODGE-COORDINATING FACULTY**

Pippa is a Physiotherapist specializing in Pediatrics. She works as a consultant in the school district and infant development programs. She was instrumental in developing Valley Therapeutic Equestrian Association, where she treats adults and children using hippotherapy. She is an examiner for the Canadian Therapeutic Equestrian Association (CANTRA) and is a member of the CANTRA Medical Committee. She has been active in therapeutic riding since the early 1980's. Pippa has taught workshops in the UK, New Zealand, Australia and in the USA, as well as most Provinces in Canada. Pippa is a founding member and board member of the American Hippotherapy Association and attended the Rommel Klinik, in Germany. In 1990 she produced a video "Analysis of Horse & Human Movement" which has sold internationally and won first prize for research in the 1997, 2nd Festival du Fioml Hanid Cheval in France.

**BECKY LUNDEEN-ASSOCIATE FACULTY**

Becky has been a Speech Language Pathologist for 17 years and the owner of Speech Therapy Associates of Northwest WI. She has developed and founded Nature's Edge Therapy Center, Inc., a nonprofit rehabilitation center utilizing Hippotherapy, Animal-Assisted and Horticulture Therapy in a ranch setting.

She is a Hippotherapy Clinical Specialist, a NARHA Registered Therapist & Instructor, Animal-Assisted Therapy Instructor, Team Evaluator and Pet Partner through the Delta Society, a member of PAN-People and Animals & Nature. She has presented at the International Conference of ASHA, and at NARHA and locally specializing in Augmentative Communication, Dementia/Alzheimer Communication Building and leading at a 15 member Stroke Club.

**TRAVEL ARRANGEMENTS**

The nearest airport is in Eau Claire, WI (1 hour away). Many people, due to cost, use the Minneapolis International Airport in Minneapolis, MN (2 hours away). Fly in right next to the largest Mall - Mall of America and shop and have fun as well!

A block of rooms has been set up in Rice Lake, WI (8 miles away) at Microtel Hotel under Nature's Edge. Call by April 15, 2010 at the latest to reserve a room at 715-736-2010 or 1-888-202-4223. Standard Single: \$58.50 plus tax; Doubles: \$67.50 plus tax; Suite: \$72.00 plus tax all including wireless, free local and long distance and free continental breakfast.



*Presents the workshop*

**EQUINE SKILLS -  
LEVEL I**

**TREATMENT PRINCIPLES -  
LEVEL I**

• **AHA Approved** •

**May 13-16, 2010**

**NATURE'S EDGE  
THERAPY CENTER, INC.**

2523 14-3/4 Avenue  
Rice Lake, WI 54868

**Phone: 715-859-6670**

**Fax: 715-859-6669**

**E-mail: [naturesedge@citizens-tel.net](mailto:naturesedge@citizens-tel.net)**

## **EQUINE SKILLS - LEVEL ONE**

### **COURSE OBJECTIVES**

- Correctly interpret the “body language” of the horse.
- Identify and name key anatomical points of the horse.
- Recognize elements of desirable conformation of the horse.
- Identify, describe the function of, and demonstrate proper use of grooming equipment.
- Identify key parts of the horse’s tack.
- Demonstrate safe and proper tacking and un-tacking of a horse.
- Recognize and describe the four natural gaits of the horse.
- Recognize desirable qualities of the horse’s movement.
- Recognize unsoundness in a moving horse.
- Recognize the signs of stress/burnout in the horse.
- Demonstrate safe, correct leading techniques with basic school figures.
- Demonstrate kind and humane treatment of the horse at all times.

*Participants may waive the equine skills course with proof of qualification (NARHA instructor, Pony Club, etc.).*

## **TREATMENT PRINCIPLES - LEVEL ONE**

### **COURSE OBJECTIVES**

- Know and understand the definition of hippotherapy.
- Understand how the horse’s movement affects human systems - A System’s Approach.
- Describe possible responses of a patient to the movement of the horse’s walk.
- Describe the unique contributions of the horse’s movement as a treatment strategy and potential benefit for the patient.
- Understand the importance of the hippotherapy horse’s suitability and movement.
- Describe the appropriate methods of horse handling during hippotherapy.
- Describe the selection and use of hippotherapy equipment for the horse and patient.
- Identify all factors that contribute to safety in the hippotherapy session.
- Identify key considerations for patient selection for hippotherapy including specific contraindications and precautions.
- Describe the key elements of patient evaluation and treatment planning.
- Describe methods of maximizing effects of hippotherapy, including school figures and movement progressions.
- Describe safe methods of transitioning on and off the horse.
- Have a working knowledge of potential emergencies and appropriate procedures.

- Describe the roles of the hippotherapy team members.
- Understand the business aspects related to hippotherapy including documentation, record keeping, reimbursement issues and insurance.
- Demonstrate kind and humane treatment of the horse at all times.

## **EQUINE SKILLS FOR HIPPO THERAPY**

### **THURSDAY, MAY 13, 2010**

#### Classroom - Microtel Hotel

- 7:30 Registration
- 8:00 Introduction of faculty and participants
- 8:30 Overview, horse psychology
- 9:30 Break
- 9:45 Terminology/Parts of the horse, horse’s movement
- 10:15 Conformation
- 10:45 Welfare of the horse
- 11:15 Leading
- 12:00 Lunch

#### Arena - Nature’s Edge Therapy Center

- 1:00 Grooming and hoof care
- 2:00 Movement and conformation analysis
- 2:30 Tack and equipment
- 3:00 Break
- 3:15 Tacking up the horse practicum
- 4:00 Leading practicum, Tying a horse correctly
- 5:00 End session, receive homework assignment

### **FRIDAY, MAY 14, 2010**

#### Classroom - Microtel Hotel

- 8:00 Movement and lameness
- 8:30 Health and maintenance
- 9:30 Break

#### Arena - Nature’s Edge Therapy Center

- 9:45 How to catch a horse
- 11:00 Tying a horse and safety issues
- 12:00 Lunch
- 1:00 Lab: grooming, tacking and leading
- 2:30 Final check off of skills
- 3:00 Conclude

## **HIPPO THERAPY: TREATMENT PRINCIPLES, LEVEL I**

### **FRIDAY, MAY 14, 2010**

#### Classroom - Microtel Hotel

- 4:00 Registration and introductions

- 4:30 Overview
- 5:00 Key elements of equine movement
- 6:00 Supper break
- 6:30 Human movement and function
- 7:15 Horse and rider interaction
- 7:45 Unique contributions
- 8:30 Conclude

### **SATURDAY, MAY 15, 2010**

#### Arena - Nature’s Edge Therapy Center

- 8:00 Facility suitability and safety considerations
- 8:30 Examples of equipment for horse and patient
- 9:00 Selecting the hippotherapy horse
- 9:30 Break
- 9:45 Mounted practicum - movement experience
- 11:30 School figures
- 12:00 Lunch

#### Classroom - Microtel Hotel

- 1:00 Review horse selection and equipment
- 1:30 Selecting the patient - benefits, indications/contraindications, precautions
- 2:15 Break
- 2:30 Patient evaluation
- 3:00 The therapy session - considerations, progression, monitoring responses
- 3:30 Transitioning on and off the horse, emergency procedures
- 4:00 PreHippotherapy strategies/techniques
- 5:00 Conclude

### **SUNDAY, MAY 16, 2010**

#### Classroom - Microtel Hotel

- 8:00 Facility requirements
- 8:30 Horse training, welfare and maintenance
- 9:00 Business aspects, billing, insurance, liability
- 9:45 Break

#### Arena - Nature’s Edge Therapy Center

- 10:00 Patient demonstration
- 12:00 Lunch

#### Classroom - Microtel Hotel

- 1:00 Patient analysis
- 1:30 Development of treatment plan
- 2:00 group discussions/conclude